ORIGINAL CONTRIBUTION

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Dichloromethane extract of *Potentilla fulgens* wall. Ex. Sims ameliorates alloxaninduced oxidative stress and inflammatory responses in mice



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Background

In the pathogenesis of a variety of human diseases including diabetes mellitus, oxidative stress and subsequent oxidative damage to tissues have been involved [1]. Reactive oxygen species (ROS), especially mitochondrial ROS, play a significant causal role in the development and progression of diabetes and its complication [2, 3] such as retinopathy, neuropathy, nephropathy, and cardiovascular diseases [4]. Reduction products like superoxide, hydroxyl radical, and hydrogen peroxide are regulated by superoxide dismutase (SOD), catalase (CAT), glutathione peroxidase (GPx), oxidized glutathione reductase systems, vitamin C, and vitamin E [5]. Hyperglycemia in several ways impairs the endogenous antioxidant defense mechanism [6] and this enhances the vulnerability of tissues to oxidative stress. Under hyperglycemic diabetic conditions, ROS activates nuclear transcription factor NF-κB [7]. This in turn facilitates the up-regulation of multiple NF-κB regulated target genes [8] and leads to the negative impact of inflammatory diabetes reactions on the tissue [9]. PPAR-y, a nuclear receptor that is also active in the etiology of type II diabetes, also controls NF-κB [10]. It plays an important role in adipogenesis and insulin sensitivity and is triggered by fatty acids [8].

Antioxidant therapy has been widely researched and documented for the alleviation of oxidative stress-induced symptoms in diabetes [11]. According to the World Health Organization (WHO) (2003), by modifying behavior, including food, 90% of Type II diabetes

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can be prevented. High cholesterol, high blood pressure, obesity, and low fruit and vegetable intake combined with diet have been identified as important risk factors that cause diabetes [12]. Hence, there is an increased interest in functional food nutrition and unique bioactive plant components such as flavonoids as phenols as an alternative therapy for the disease. These bioactive compounds can modify cell signaling pathway functions, contribute to inflammatory process modulation, cytoprotective system control, and cell growth control [13, 14].

Potentilla fulgens Wall. ex. Sims of the Rosaceae family is an important medicinal plant of higher Himalaya known for its therapeutic and commercial importance and is known locally by different names in the different regions of higher Himalaya. In the Khasi Hills of Meghalaya, India, P. fulgens Wall. ex. Sims is commonly found at higher altitudes (1500-2000 m MSL) and has been used as a folk remedy by the Khasi people as well as in other parts of the North-Eastern region of India. Traditionally, pieces of roots are chewed along with betel, composed of raw areca nut (Areca catechu), locally called Kwai, and betel leaf (Piper betel). Pharmacologically, roots of P. fulgens Wall. ex. Sims has been reported to possess hypoglycemic and anti-hyperglycemic properties in mice [15], affect the polyol pathway in diabetic mice [16] and exhibit gastroprotective and antisecretory effects [17]. We have also reported the antioxidant activity of P. fulgens using in-vitro systems and its ameliorative effect on the age-dependent increase in oxidative stress markers in the mouse model [18, 19]. Jaitak et al. reported the presence of a new bioflavonoid, Potifulgene in the roots of P. fulgens along with antioxidant compound epicatechin while the aerial parts



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reported to contain two new triterpenes, potentene-A, and potentene-B [20]. Thus, the present study was undertaken to investigate the modulatory effect of dichloromethane-methanolic extract of P. fulgens (PFDCM) on lipid peroxidation, serum ORAC level, activities of the antioxidant enzymes (CAT, SOD, GPx1) in the liver and kidney of alloxan-induced diabetic mice, to measure the extent of its effect on the activation of NF-kB in response to an inflammation under the diabetic condition and ultrastructural changes in the liver of diabetic mice. While we have reported the effect of the methanolic extract of P. fulgens under a similar diabetic condition in mice [21], this study was designed to explore the therapeutic effect of PFDCM to provide an insight into the mechanistic action of P. fulgens as a naturally occurring antioxidant.

Materials and methods

Chemicals

All chemicals used were of analytical grade. Alloxan monohydrate (≥98.0%), glutathione reduced, 1,1,3,3-tetramethoxy propane (TMOP) (≥99.0%), 5,5-dithiobis-2-nitrobenzoic acid (DTNB) (≥99.0%), 6-hydroxy-2,5,7,8tetramethylchroman-2-carboxylic acid (trolox) (≥97.0%), β-phycoerythrin, thiobarbituric acid (≥98.0%), nitrocellulose membrane (0.045 µm pore size), 2,2'-azobis (2-aminopropane) dihydrochloride (AAPH) (≥97.0%), N,N,N'N '-tetramethylenediamine (TEMED) $(\geq 99.0\%),$ mercaptoethanol (≥99.0%), sodium azide (≥99.8%) were procured from Sigma-Aldrich (St. Louis, USA). Primary antibodies for CAT, SOD, GPx1, and β-actin were purchased from Santa Cruz Biotechnology Inc., USA. Rabbit anti-mouse-IgG HRP conjugate and 3,3',5,5'-tetramethylbenzidine/hydrogen peroxide (TMB/H₂O₂) were obtained from Bangalore Genei, India. Ascorbic acid (≥99.7%), pyrogallol (≥99.0%), Diethylenetriaminepentaacetic acid (DETAPAAC) (\geq 99.0%), sodium lauryl sulphate (\geq 99.0%), bovine serum albumin (≥98.0%), were purchased from Sisco Research Laboratories. Other chemicals used were of analytical grade obtained from Hi-media and Rankem, India.

Plant material

P. fulgens was collected from Shillong peak area of Meghalaya (July–August) and the plant specimen (voucher no. 464) was submitted and identified by herbarium curator Dr. P.B. Gurung, Department of Botany, NEHU, Shillong.

Plant extraction

800 g dried root powder of *P. fulgens* was extracted in 2.5 L dichloromethane-methanol solution (1:1) for 48 h by maceration method by stirring at room temperature [22]. The extraction unit was protected from light to

prevent polymerization of the secondary metabolites. The mixture was filtered and the filtrate was dried under vacuum in a rotary evaporator (Yamato RE800) yielding 288 g (36%) of PFDCM. The dried mass obtained was used for the investigation.

Experimental animals

Healthy, male Balb/c Swiss albino mice approximately 6 months of age, weighing 40–45 g were used for the study. Mice were housed in a room kept under controlled conditions with the temperature maintained at 22 °C on a 12-hour light/dark cycle and were fed with balanced mice feed obtained from Amrut Laboratory, Pune, India.

Preparation of diabetic mice

Animals were administered alloxan monohydrate prepared in acetate buffer (0.15 M, pH 4.5) via intraperitoneal (i.p.) route. Before administration, mice were fasted overnight but given water ad libitum. Mice with more than 3–4 fold increased in blood glucose (measured using glucostix; SDCheck) were considered diabetic.

Experimental design

In this study, mice were divided into 4 groups (comprising six animals each) and treated on alternate days via the i.p. route for 14 days after which mice were starved overnight and sacrificed. Blood serum and tissues were collected and stored for further analysis.

- Group 1 Normal control (NC), received 2% of vehicle ethanol.
- Group 2 Diabetic control (DC), received 2% of vehicle (ethanol).
- Group 3- Diabetic mice treated with PFDCM extract dissolved in 2% ethanol (250 mg/kg b.w.)
- Group 4- Diabetic mice treated vitamin C dissolved in 2% ethanol (250 mg/kg b.w.)

Acute toxicity test

OECD guidelines [23] were followed for the determination of acute toxicity of *P.fulgens*. 2000 mg/kg b.w. of PFDCM was administered intraperitoneally to mice of three age groups (2,6 and 18 months) and upon the death of the animals, the main test was conducted to determine the median lethal dose (LD $_{50}$). The animal is dosed a step below the preliminary dose (2000 mg/kg b.w.) and if the animal is moribund or dies, the animal receives a lower dose. The LD $_{50}$ was estimated to be between the doses of the live and the dead animals.

Lipid peroxidation assay

For measurement of lipid peroxidation, a 10% (w/v) homogenate of the liver and kidney tissues were

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prepared in ice-cold 1.15% KCl solution. The homogenates were centrifuged at 1000 g for 10 min at 4 °C. The pellet was discarded and the supernatant was used to determine the TBARS levels. Lipid peroxidation was estimated by measurement of thiobarbituric acid-reactive substances (TBARS) [24]. The pink chromogen produced by the reaction of thiobarbituric acid with malon-dialdehyde (MDA), a secondary product of lipid peroxidation was measured at λ 532 nm. TMOP was used as the standard, and the level of lipid peroxides was expressed as $\mu moles$ of MDA. The assay was repeated for 6 replicates.

Measurement of oxygen radical absorbance capacity (ORAC)

Blood serum obtained via retro-orbital sinus puncture and was drawn into a sample tube, kept at room temperature for 2 h, and allowed to clot. Following clot formation, tubes were centrifuged at 3000 rpm at 4°C for 10 min to separate the serum. The serum was then treated with β-phycoerythrin and phosphate buffer (pH 7.0). ORAC was determined by measuring the inhibition of free radical action on the fluorescent compound, βphycoerythrin by the sample [25]. This inhibition can be correlated with the sample's antioxidant capacity. AAPH was used to generate peroxyl radicals. Excitation and emission wavelengths of β -phycoerythrin were set at λ = 562 nm for excitation and 575 nm for emission. Trolox was used as the control standard. The antioxidant capacity of the sample was expressed as mM Trolox equivalents. The assay was repeated for 6 replicates.

Assay of antioxidant enzyme activities

For estimation of CAT, SOD, and GPx1 activities, tissues were homogenized (10% w/v) in 50 mM potassium phosphate buffer (pH 7.4), and centrifuged at 18000 g for 15 min at 4 $^{\circ}$ C. The pellet was discarded and the cytosolic supernatant was used as enzyme preparations. The assay was repeated for 6 replicates.

Catalase

Catalase (CAT) activity was measured according to the method of Aebi [26] by determining the rate of degradation of hydrogen peroxide at λ 240 nm. Phosphate buffer (pH 7.0), catalase enzyme, and H₂O₂ in a total volume of 3 ml were reacted and absorbance was read at λ 240 nm. The extinction coefficient of 71 mM⁻¹ cm⁻¹ was used for calculation. One unit is defined as 1 mmol of H₂O₂ consumed/minute and the specific activity is reported as units/mg protein.

Superoxide dismutase

The activity of superoxide dismutase (SOD) was assayed by the method of Marklund and Marklund [27]. The

auto-oxidation of the reaction mixture containing DETAPAAC, pyrogallol, and H_2O was noted at an interval of 60 s for 3 min at λ 470 nm. The auto-oxidation of Tris-HCl buffer (pH 7.4), pyrogallol, homogenate, and H_2O was noted similarly. The degree of inhibition of autoxidation of pyrogallol, in an alkaline pH by SOD was used as a measure of enzyme activity by measuring monitoring the change in absorbance at λ 470 nm. Enzyme activity is defined as the amount of enzyme required for 50% inhibition of pyrogallol autoxidation /min (units/ mg protein).

Glutathione peroxidase

Glutathione peroxidase (GPx) was assayed by measuring the amount of reduced glutathione (GSH) at λ 412 nm according to the method of Rotruck et al [28]. The homogenate, sodium-phosphate buffer (pH 7.0), sodium azide, and reduced glutathione were incubated for 3 min at 37°C. The reaction was terminated by adding 10% TCA. This was centrifuged at 1000 g and the supernatant was reacted with 0.3% disodium hydrogen phosphate and 0.04% dithionitro benzoic acid. The absorbance was read at λ 412 nm. The activity of GPx is expressed as μ moles of GSH utilized/min/mg protein (units/mg protein).

Western blot analysis

For separation of CAT, SOD, and GPx1 protein, the supernatants obtained by homogenizing the tissues in 50 mM potassium phosphate buffer (pH 7.4), and centrifugating at 18000 g for 15 min at 4 °C were diluted serially in 0.25 M sucrose buffer (pH 7.5) and mixed with sample buffer containing 1 M Tris-HCl (pH 6.8), 1% bromophenol blue, and glycerol. The sample was incubated for 5 min in a boiling water bath and then loaded into the gel.

Protein levels of CAT, SOD, and GPx1 were detected by Western blot using 12% sodium dodecyl sulphate polyacrylamide gel electrophoresis (SDS-PAGE) with Laemmli buffer system [29], where an aliquot of sample proteins (20 μL) containing 30 μg protein for CAT, SOD detection and 50 µg protein for GPx1 detection were used. Following electrophoresis, the proteins in the gel were transferred to a nitrocellulose membrane using the Bio-Rad Mini trans-blot electrophoretic unit at 100 V (constant) for 60 min. The electroblotted membrane was transferred in a blocking solution containing 5% non-fat dry milk in Tris buffer saline (TBS) for 45 min at room temperature. After washing in Tween Tris buffer saline (TTBS), the membrane was incubated overnight with primary antibodies for CAT, SOD, and GPx1 or anti-βactin antibody solution (1:1000). β-actin was used as a loading control. The membrane was washed twice in TTBS to remove unbound antibodies and incubated with the secondary antibody, rabbit-anti-mouse-IgG

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conjugated to horseradish peroxidase for proteins detection (1:500) for 3 h followed by the addition of the substrate (TMB/ $\rm H_2O_2$) for color development. The reaction was stopped by washing the membrane in double-distilled $\rm H_2O$ and photographed using an HP Scan jet 7400C. The blots were quantified densitometrically using Kodak Digital Science 1D Image Analysis Software, Version 3.0. The analysis was repeated for 6 replicates.

Measurement of NF-κB activation

Nuclear extracts of liver and kidney tissue homogenates were prepared using the nuclear extraction kit from Cayman chemical company, USA. NF-κB activation was measured using a DNA-binding ELISA based NF-κB (p65) transcription factor assay kit from Cayman chemical company, USA. The percentage of DNA binding of NF-κB (p65) for each sample was calculated as follows-

$$\%$$
Binding = $[(Abs_{sample} - Abs_{NSB})/Abs_{control}] \times 100$

Abs $_{\rm sample}$ is the absorbance of the sample containing the nuclear extracts.

Abs $_{control}$ is the absorbance of the positive control, NF- κ B (human p65).

Abs $_{
m NSB}$ is the absorbance from the non-substrate binding well (without nuclear extracts).

Transmission electron microscopic (TEM) studies

A section of dissected liver tissues of normal control, diabetic control, and diabetic mice treated with PFDCM

extract (6-month old) were examined under the transmission electron microscope (TEM) using JEM-2100 200 kV JEOL microscope at Sophisticated Analytical Instrumentation Facility (SAIF), NEHU, Shillong. Samples were prepared by following the standard protocol described by Hayat [30] with some modifications. The sections are stained with uranyl acetate for 120 min at RT, as described by Terzakis [31]. The sections were viewed and photographed at different magnifications ranging from 1000x to 6000x.

Statistical analysis

Values were expressed as mean \pm SEM in each group. Data obtained from 6 different sets were analyzed by one-way analysis of variance (ANOVA) with posthoc Tukey's multiple comparison test (using IBM SPSS Statistics Version 20.0). A P value < 0.05 was considered significant.

Results

Acute toxicity test (LD₅₀)

The LD50 of PFDCM extracts in the three age groups of mice was found to be 750 mg/kg b.w.

Effect of PFDCM on lipid peroxidation

A significant increase in TBARS level was seen in the liver, and kidney of the untreated diabetic group compared to the normal group (Fig. 1). TBARS level in the liver was increased by 101% (p < 0.001) and in the kidney by 63% (p < 0.001) above that of the normal group.

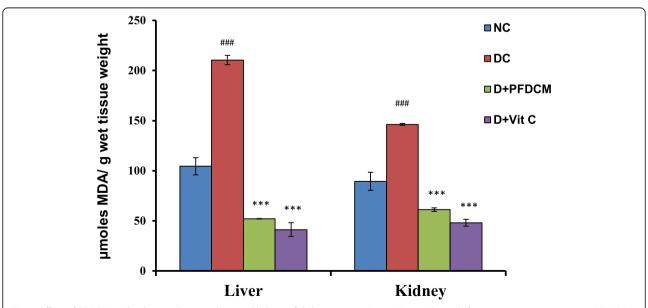


Fig. 1 Effect of PFDCM on lipid peroxidation in liver and kidney of diabetic mice. Means (M) are obtained from 6 separate experiments. SEM (\pm) : Standard error mean, p: *represents the level of significance at ****p < 0.001 compared to the normal control group (NC); *represents the level of significance at ****p < 0.001compared to the diabetic control group (DC)

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PFDCM at 250 mg/kg b.w. significantly reduced TBARS level by 75% (p < 0.001) in the liver and 58% (p < 0.001) in the kidney from that of the diabetic control. Treatment with vitamin C decreased lipid peroxidation level by 80% (p < 0.001) and 67% (p < 0.001) in the liver and kidney, respectively.

Effect of PFDCM on serum ORAC levels

The fluorescence intensity of blank, trolox, normal control, diabetic control, and diabetic treated with PFDCM

and vitamin C exponentially declined with time (Fig. 2a). The fluorescence intensity of diabetic control was higher than the normal control and lower than the treated groups. Correspondingly, the ORAC value in the serum of the diabetic control group decreased by 38% (p < 0.01) from that of the normal group (Fig. 2b). Diabetic mice treated with PFDCM exhibited a significant increase by 60% (p < 0.01) in the ORAC value in comparison to the diabetic control, its effect was found to be higher than that shown by vitamin C.

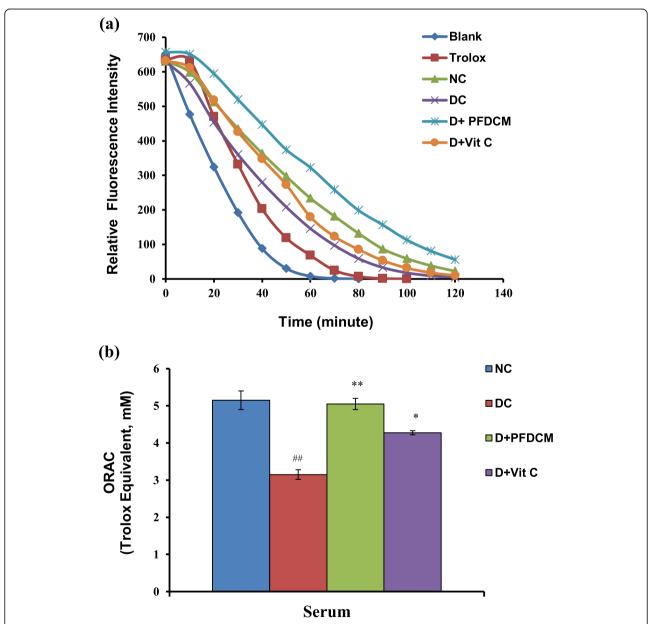


Fig. 2 a Effects of PFDCM on the fluorescence decay of β-PE induced by AAPH in the serum of diabetic mice. **b** Effects of PFDCM on the Oxygen Radical Absorbance Capacity in the serum of diabetic mice. Means (M) are obtained from 6 separate experiments. SEM (\pm): Standard error mean, p: *represents the level of significance at *p < 0.01 compared to the normal control group (NC); *represents the level of significance at *p < 0.05, **p < 0.01compared to the diabetic control group (DC)

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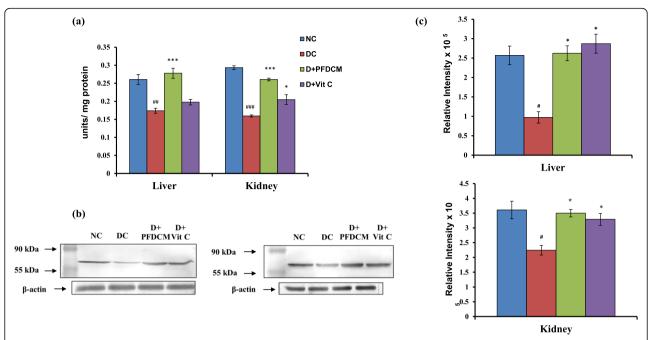


Fig. 3 a. Effect of PFDCM on CAT activity in liver and kidney of diabetic mice. **b.** Western blot analysis of CAT protein from **a** liver **b** kidney of normal control group (NC), diabetic control group (DC), and diabetic mice treated with PFDCM and vitamin C. **c.** The relative intensity of the western blot was determined by densitometric analysis (KDS-I software). Means (M) are obtained from 6 separate experiments. SEM (\pm): Standard error mean, p: *represents the level of significance at *p < 0.05, ***p < 0.001 compared to the normal control group. *represents the level of significance at *p < 0.05, ***p < 0.001 compared to the diabetic control group

Effect of PFDCM on antioxidant enzymes Catalase

Alloxan-induced diabetic mice showed a significant decrease in CAT activity in the liver, and kidney when compared to that of the normal group. CAT activity in the liver of diabetic mice decreased by 33% (p < 0.01) and in the kidney by 45% (p < 0.001) (Fig. 3a). Western blot analysis of CAT protein (Fig. 3b) in these tissues confirmed the decreased activity in untreated diabetic mice when compared to the normal group. Diabetic mice treated with PFDCM (250 mg/kg b.w.) exhibited an elevation in the activity of CAT which was found to be 59% (p < 0.001) and 63% (p < 0.001) in liver and kidney respectively, from that of the diabetic control. Vitamin C effect (250 mg/kg b.w.) was found to be significant only in the kidney with an increase in CAT activity by 28% (p < 0.05) from that of the diabetic control group. Protein expression levels of CAT were significantly increased after treatment with PFDCM when compared to the untreated diabetic group which corroborated with the significant increase in enzyme activity of PFDCM treated-diabetic mice in the liver.

Superoxide dismutase

SOD activity in the liver and kidney of diabetic mice was found to significantly decrease when compared to the normal group (Fig. 4a). The reduction was by 18% (p <

0.01) in the liver and 22% (p < 0.001) in the kidney from that of the normal mice, which was also confirmed by the immunoblot analysis of these diabetic tissues. Treatment with PFDCM resulted in a significant elevation in SOD activity which increased by 20% (p < 0.05) in the liver and 21% (p < 0.001) in the kidney from that of diabetic control. Vitamin C-treated diabetic mice showed a significant increase in SOD activity in the kidney by 18% (p < 0.01) but not in the liver. PFDCM-treated diabetic mice showed an increase in the protein level when compared to diabetic control, which corroborated with increased enzyme activity in this group (Fig. 4b).

Glutathione peroxidase

A significant decrease in GPx1 activity was observed in the liver and kidney of the untreated diabetic group compared to the normal group (Fig. 5a). GPx1 activity in the liver was reduced by 18% (p < 0.05) and by 30% (p < 0.05) in the kidney from that of the normal group. Treatment with PFDCM extract elevated GPx1 activity in liver and kidney by 41% (p < 0.01), and 51% (p < 0.05), respectively from that of the diabetic control group. Vitamin C significantly increased GPx1 activity in the liver and kidney by 25% (p < 0.05) and 62% (p < 0.01), respectively. In the tested tissues of diabetic mice, protein levels of GPx1 were also found to be lowered in comparison to normal mice. Supplementation with PFDCM

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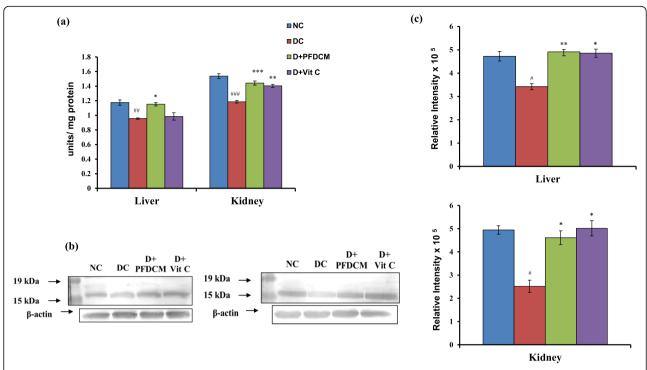


Fig. 4 a. Effect of PFDCM on SOD activity in liver and kidney of diabetic mice. **b.** Western blot analysis of SOD protein from **a** liver **b** kidney of normal control group (NC), diabetic control group (DC), and diabetic mice treated with PFDCM and vitamin C. **c.** The relative intensity of the western blot was determined by densitometric analysis (KDS-I software). Means (M) are obtained from 6 separate experiments. SEM (\pm): Standard error mean, p: *represents the level of significance at *p < 0.05, **p < 0.01, ***p < 0.01 compared to the normal control group. *represents the level of significance at *p < 0.05, **p < 0.01 compared to the diabetic control group

considerably increased protein level supporting the finding of increased enzyme activity in these groups (Fig. 5b).

Effect PFDCM on NF-кВ activation

DNA binding activity of NF- κ B (p65) was significantly increased in the liver and kidney of diabetic control mice (Fig. 6) where the percentage increase was 64% (p < 0.001) in the liver and 52% (p < 0.01) in the kidney when compared to the normal group. Treatment of diabetic mice with PFDCM considerably reduced the binding activity in liver and kidney by 14% (p < 0.05) and 24% (p < 0.01), respectively from that of the diabetic control. Vitamin C-treated diabetic mice showed a significant reduction in the DNA binding activity which was 24% (p < 0.01) in the liver and 14% (p < 0.05) in the kidney in comparison to that of the diabetic control.

Ultrastructural studies

Marked differences were observed in the ultrastructural features of the nucleus and mitochondria in the liver of diabetic mice as compared to the normal control mice. Liver tissue of diabetic mice treated with PFDCM extract exhibited lesser structural/morphological changes when compared to the diabetic group. Normoglycemic mice

showed normal hepatic cells with a normal euchromatic nucleus (i.e. with normal chromatin distribution) and fewer nuclear heterochromatic contents. The nucleus was more or less centrally placed, having a single prominent nucleolus with surrounding dense cytoplasm in the hepatocytes. The contour of the nucleus shows the nuclear membrane with a regular outline and the absence of any prominent membrane protrusion or invagination (Fig. 7a). The shapes and sizes of the mitochondria were normal and orderly arranged in the form of a round structure without breakage. The mitochondrial membrane (inner and outer) was intact. There was a good alignment of cristae which were arranged in the form of a vertical line, congested and clear. The rough endoplasmic reticulum consisted of closely packed, parallel, and flattened cisternae studded with ribosomes (Fig. 7d). Transmission electron micrographic observation of liver cells in alloxan-induced diabetic mice revealed the presence of distorted nuclei and irregular outlines. The contour of the nucleus was found to be altered and there were some evagination and invagination of the nuclear membrane (Fig. 7b). Some of the mitochondria showed breakage of the outer membrane at places and distortion of the normal round shape of the mitochondria was observed due to the disorganization of the outer membrane.

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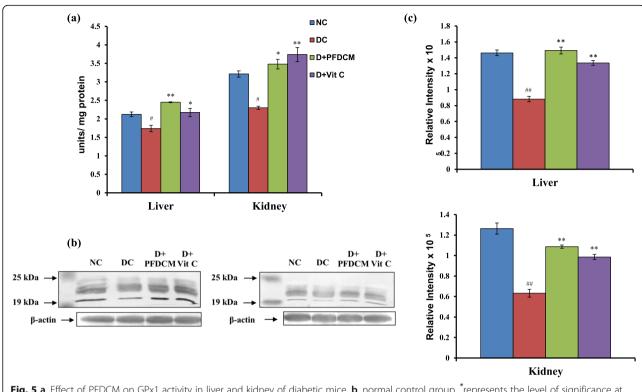


Fig. 5 a. Effect of PFDCM on GPx1 activity in liver and kidney of diabetic mice. **b.** normal control group. *represents the level of significance at *p < 0.05, **p < 0.01 compared to the diabetic control group

Mitochondria displayed vacuolization and swelling while cristae were less compact. The hepatocytes of diabetic mice showed a poorly defined and fragmented rough endoplasmic reticulum (Fig. 7e). PFDCM extract treatment showed less visible damage in ultrastructural features of the liver sections in diabetic mice with the pronounced normalized appearance of the nucleus as seen in the normal mice (Fig. 7c). Compared to the diabetic liver, the nuclear structure was regular in shape with surrounding denser cytoplasm and any invagination or protrusion was absent. Mitochondrial membranes were intact with no breakage. Cristae were clear, and the rough endoplasmic reticulum appeared well developed with distinct closely packed, parallel, and flattened cisternae studded with ribosomes (Fig. 7f).

Discussion

Type I and II diabetes is often associated with lipid peroxidation [32]. In alloxan-induced diabetic mice, thiobarbituric acid (TBARS) which is associated with a series of detrimental effects is elevated [33]. This substantial elevation of TBARS implicates oxidative stress. MDA, a major product of lipid peroxidation has been used as a marker of oxidative stress. The extent of peroxidation in diabetes varies from tissue to tissue which may be determined by the presence of a relatively high or low concentration of early peroxidizable fatty acids. Studies on diabetic human subjects revealed a significant elevation

of TBARS level in both plasma and erythrocytes [34]. In the present study, the dichloromethane-methanolic extract of *P. fulgens* exerts inhibitory effects on the peroxidation of lipids in the liver and kidney of diabetic mice (Fig. 1). PFDCM at 250 mg/kg b.w. dosage brought down TBARS level below normal as observed in the normal group which may be attributed to the free radical quenching nature of the extract that is comparable to an equivalent dose of the standard antioxidant, vitamin C. Roots of P. fulgens contain substantial amounts of polyphenols including flavonoids [18] which are known to be lipid-soluble and can interact with membrane lipids. These interactions can affect the occurrence and extent of lipid oxidation and membrane disruption by intense free radical production [35]. ROS, as previously mentioned is implicated in many chronic diseases including diabetes but their level must also not be too low given their important biological roles in the body. For constant monitoring and regulating the redox potential in the blood, the levels of ROS can be measured indirectly by measuring the total levels of antioxidants in serum. ORAC assay is one of the tests developed to measure the antioxidant capacities of biological samples from pure compounds such as melatonin, dopamine, and flavonoids to complex matrices such as tea, fruits, vegetables, herbs, and animal tissues [26]. ORAC results showed a decline in the antioxidant levels in serum of diabetic mice when

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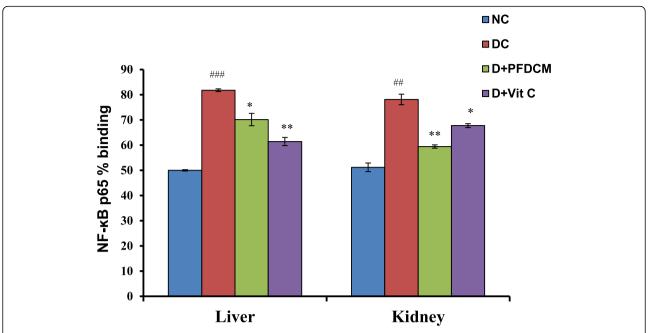


Fig. 6 Effect of PFDCM on the DNA binding activity (%) of NF-κB (p65) in liver and kidney of diabetic mice. Means (M) are obtained from 6 separate experiments. SEM (\pm): Standard error mean, p: *represents the level of significance at *p < 0.01, ****p < 0.001 compared to the normal control group (NC); *represents the level of significance at *p < 0.05, ***p < 0.01 compared to the diabetic control group (DC)

compared to the normal mice resulting in the inefficient and incomplete quenching of the free radicals, thereby indicative of a low antioxidant level and/or higher ROS level in the diabetic serum. Administration of the PFDCM extract significantly improved ORAC as compared to the diabetic control followed by vitamin C modulating the diabetes-induced alterations in the total antioxidant capacity.

Decreased antioxidant enzyme activities observed in this study may be due to nonenzymatic glycosylation of the enzymes [36] and/or inactivation or inhibition of the enzymes by the increased production of alloxangenerated reactive oxygen species (ROS) [37]. The significant elevation of antioxidant enzyme activities in the liver and kidney after treatment with PFDCM may be attributed to the presence of bioactive principles such as flavonoids in the plant which can upregulate these antioxidant defenses in the cell [38]. The increase in protein levels of the enzymes CAT, SOD, and GPx1 after treatment can be related to the increase in their gene expressions by the bioactive constituents in *P. fulgens* [39, 40]. As observed in the present study, CAT and SOD protein expression increased upon treatment with vitamin C in a tissue-specific manner as has also been reported by Sadi et al [40].

ROS are associated with the inflammatory response and frequently they contribute to the tissue-damaging effects of inflammatory reactions [41, 42]. There has been substantial evidence, in a range of systems and species, supporting the role of inflammatory processes in the development and progression of diabetes mellitus [43]. Disruption of redox balance in the system leads to an activation of redox-sensitive transcription factors and the subsequent generation of numerous proinflammatory mediators (e.g., cytokines, chemokines, inducible nitric oxide (NO) synthase) [44]. The nuclear transcription factor, NF-κB, implicated in diabetes and its complications is activated by extracellular signals such as those elicited by TNF-α and IL-1 and its activation induces the expression of genes involved in the control of the immune and inflammatory responses which influence the pathogenesis and progression of the disease [8]. By measuring NF-κB p65 binding activity on DNA, our results showed that NF-kB activation increased in tested tissues of diabetic mice indicative of enhanced activation of inflammatory pathways in response to diabetes. Researchers have shown that NF-kB activation in numerous tissues including adipose, pancreas, and liver contributes to disease pathology observed in patients with type II diabetes [45–49]. As a result, NF-κB is identified as a promising therapeutic target for new types of treatment to block the inflammatory response in instances where this process becomes chronic or dysregulated [50]. A variety of widely used anti-inflammatory agents, normal or recombinant proteins inhibit the NFκB pathway, at least in part, as one of their targets. Natural products including phytochemicals have been demonstrated to have therapeutic potential in the inhibition

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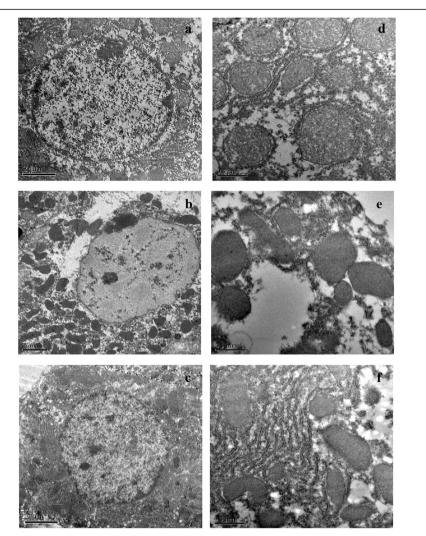


Fig. 7 Transmission electron micrograph showing nucleus (N) in liver of **a** normal, **b** diabetic and **c** PFDCM extract-treated diabetic mice at 1200x magnification. Transmission electron micrograph showing mitochondria (M) and endoplasmic reticulum (ER) in liver of **d** normal, **e** diabetic, and f PFDCM extract-treated diabetic mice at 6000x magnification

of NF- κ B and its pathway for the treatment of inflammatory diseases [51, 52]. Our results clearly showed the ability of the plant extract to modulate NF- κ B activation in diabetes, by its inhibitory effect on the DNA binding activity of NF- κ B p65 subunit following extract administration. Since the activation of the NF- κ B pathway requires many discrete steps involving regulatory proteins that activate signaling pathways leading to its activation, the modulation of the plant extract through its bioactive constituents could have occurred at one or different levels acting on the molecular targets, thereby interrupting the NF- κ B pathway [50] as has been similarly suggested that the properties of flavonoids, quercetin, resveratrol, and myricetin may be mediated through the downregulation of the NF- κ B pathway [53–55].

Transmission electron micrographs revealed abnormalities in the architecture of liver tissues of diabetic

mice when compared to the normal mice. As shown in this study, the abnormal features of the nucleus in terms of loss of uniform contour, increase in invaginations of the nuclear membrane, development of constriction in the nuclear membrane with heterochromatin condensation and margination, provides enough evidence that alloxan-induced diabetes is likely to cause apoptosis in the liver as reported previously in retinal pericytes [56]. The rough endoplasmic reticulum, predominantly found in hepatocytes where protein synthesis occurs actively, was observed to lose its closely packed network showing degranulation and fragmentation of the rough endoplasmic reticulum (RER). This disorder of RER could be an indication of endoplasmic reticulum stress (ER stress) [57], which is a potential factor for hypoxia, ischemia, and insulin tolerance [50]. A considerable degree of abnormalities was observed in the mitochondrial shape,

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distortion, and breakage of the inner and outer membrane and vacuolization, suggesting impairment of mitochondria in the cell in line with earlier reports [58, 59]. The disruption of mitochondria is believed to be a key component of apoptosis, and the damaged mitochondria found in this research suggests apoptosis of diabetic mice caused by alloxan in the liver. Since mitochondria play a role fuel in energy production, its disordered function can affect metabolic homeostasis [60]. Complex shifts in mitochondrial morphology have also been found to be consistent with glucose-induced ROS enhancement [61]. This ROS enhancement, in turn, translocates cytosolic Bcl-2-associated X (BAX) protein to mitochondria and enable BAX to induce the release of cytochrome c [62–64]. Cytochrome c then stimulates caspases leading to apoptotic cell death. Oxidative stress-induced by glucose deprivation triggers BAXassociated events, including subsequent caspase activation and progression of apoptotic cell death [65]. The ultrastructural abnormalities observed in liver tissues of diabetic mice appeared to have been prevented on treatment with PFDCM extract. The possible mechanism underlying the effectiveness of P. fulgens extract could be because it contains active components, particularly polyphenolic compounds that contribute to its antioxidant activity. The ability of antioxidants to inhibit the production of ROS and to enhance antioxidant defenses could prevent apoptosis and protect cells from the damaging effect of oxygen radicals [66, 67].

Conclusion

In conclusion, the experiment performed in the present study demonstrated that dichloromethane-methanolic root extract of *P. fulgens* could increase the antioxidant defenses and exhibit protective effects against ultrastructural changes as observed in the liver of diabetic mice; its ability to modulate NF-κB activation could attenuate inflammatory pathways in response to diabetes. The antioxidant potential of *P. fulgens* offers a promising opportunity for developing an antioxidative agent that can afford protection against the oxidative stress-mediated complications in the pathophysiological condition of diabetes.

Acknowledgements

We thank Mr. H. Jasha, Department of Chemistry, NEHU for the plant extract preparation; UGC funded UPE program for NEHU, DRS program in Biochemistry, DBT-Twinning project, DST through FIST, and the Department of Biochemistry, North-Eastern Hill University, Shillong, India for providing facilities. We would also like to thank the staff of the TEM instrument, SAIF, NEHU, Shillong, India for their assistance in sample preparation and viewing.

Authors' contributions

DS and RS designed, conceptualized, and supervised the research. VS performed the experiments. DS, RS, and VS analyzed and interpreted the data of the study. CLP and VS drafted and edited the manuscript. All authors read and approved the final manuscript.

Funding

Not Applicable.

Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Ethics approval and consent to participate

The study protocol was carried out after approval from the Institutional Ethical Committee (IEC (Animal model)/ NEHU, 09–10-13).

Consent for publication

Not Applicable.

Competing interests

The authors declare that they have no competing interests.

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Received: 5 August 2020 Accepted: 17 December 2020 Published online: 15 January 2021

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